

# Contents

..... How to Teach This Book 4

..... 01 A Day at the Beach 9

..... 02 Giving Advice 13

..... 03 Ailments and Treatments 17

..... 04 Animals and Pets 21

..... 05 Appearances 25

..... 06 At the Doctor's 29

..... 07 Beauty 33

..... 08 Cars and Driving 37

..... 09 Celebrating Birthdays 41

..... 10 Cell Phones 45

..... 11 Chores 49

..... 12 Your Hometown 53

..... 13 Clothes and Fashion 57

..... 14 Clothes for Special Occasions 61

..... 15 Color 65

..... 16 Computers and Technology 69

..... 17 Crime 73

..... 18 Education 77

..... 19 Emergency Responses and First Aid 81

..... 20 Entertainment 85

..... Transcripts & Answer Key



# How to Teach This Book

The best way to teach speaking is to have students practice speaking. This book has been developed to introduce a wide variety of speaking topics to students. Each unit also presents a number of activities to scaffold speaking tasks for lower-level or less secure speakers. However, it is not mandatory for higher-level and more advanced speakers to work systematically through all of the activities. Because the speaking topics are related by theme rather than specific content, the material in each unit is flexible and adaptable.

The lesson plan presented here is suggested for a class that requires significant support for each speaking task. Classes that do not require as much support may be able to jump right into the topics and start talking. It is left up to individual instructors to gauge how thoroughly each step of this lesson plan needs to be implemented in their classes.

## Suggested Lesson Plan (60 min.)

### Step 1

#### Activity 1 (10 min.)

#### Warm-up with Listening

Have students look at the unit topic. Ask the class to brainstorm a few possible questions they might ask someone about the topic and write them on the board. While students are suggesting possible questions, be sure to suggest the three questions that are answers for Activity 1 if students do not suggest these questions on their own (see the Answer Key for these questions). You might suggest additional questions as well for more variety.

After a reasonable list of questions is written on the board, play the audio track for Activity 1. Students will hear three speakers give short talks related to the unit topic. Based on what they hear, students should guess the question that the speaker is answering.

After playing the audio track once, replay it, but stop after each speaker. Discuss what the students heard (or did not understand), and match one of the questions on the board with the answer. Continue replaying and stopping after each speaker until all three talks have been discussed.

The worksheet for Unit 01, 'A Day at the Beach', includes the following sections:

- Unit 01**
- A Day at the Beach**
- 1 Listen to the speakers. Write the questions that they answer.**
  - a. Speaker #1: \_\_\_\_\_
  - b. Speaker #2: \_\_\_\_\_
  - c. Speaker #3: \_\_\_\_\_
- 2 Sort the words by writing them in the correct categories.**

family	sandwich	swimming	cream	potato chips
best dog	volleyball	sunbathing	hotdog	chef
player	soccer	baseball	hamburger	
neighbor	trip	candy bar	friend	
- PEOPLE**  
\_\_\_\_\_  
\_\_\_\_\_
- ACTIVITIES**  
\_\_\_\_\_  
\_\_\_\_\_
- FOOD**  
\_\_\_\_\_  
\_\_\_\_\_

# Step 2

Activity 2 (5 min.)

## Vocabulary and Brainstorming

**Unit 01**  
**A Day at the Beach**

1. Listen to the speakers. Write the questions that they answer.

a. Speaker #1: \_\_\_\_\_  
b. Speaker #2: \_\_\_\_\_  
c. Speaker #3: \_\_\_\_\_

2. Sort the words by writing them in the correct categories.

family	sandwich	swimming	crisps	potato chips
hot dog	volleyball	sunbathing	barbecue	chef
player	soccer	baseball	hamburger	
neighbor	trip	candy bar	fried	

**PEOPLE** \_\_\_\_\_  
**ACTIVITIES** \_\_\_\_\_  
**FOOD** \_\_\_\_\_

Have students read through the list of words and phrases as a class, focusing on their pronunciation and meaning. Then have students sort the words and phrases into the three categories provided. After everyone has finished sorting the list, check it as a class. After checking each category, ask students to brainstorm three to five additional words that could be added to the given category. All of the vocabulary brought out in this activity can help students as they answer the speaking prompts that follow in the unit.

# Step 3

Activity 3 (5 min.)

## Model Dialogs

Play the audio track for Activity 3 and have students read along as they listen. After each dialog, stop the audio and discuss any questions student may have regarding vocabulary or grammar presented in the dialog. After all three dialogs have been heard and discussed, have students work in pairs. Pairs should practice the dialogs, taking turns saying each role.

**Note**  
For classes that need additional pronunciation practice, replay the audio track, but stop after each line or sentence. Students should try to repeat what they hear on the audio track, focusing on their pronunciation and intonation.

1. Listen to each dialog and read along.

**PEOPLE**

A: Where is the nearest beach to you?  
B: The nearest beach to my house is just a 10-minute drive away.  
A: What is the weather usually like there?  
B: The weather there is usually very nice.  
A: How would you describe it?  
B: It can be hot or cool, and there is often a light breeze, too.

**ACTIVITIES**

A: Why do people like to listen to music when they relax at the beach?  
B: It is very relaxing to listen to music. Music puts people in a good mood.  
A: Do you like to do that?  
B: I like to listen to music when I am lying on the sand.  
A: What do you usually use to do that?  
B: I usually bring my MP3 player with me. I have a lot of my favorite songs on it, so I just browse through them. Sometimes I make a special music play list for the day, which I listen to.

**FOOD**

A: When you go to the beach, what food do you usually prepare?  
B: I usually make sandwiches, hamburgers, or hot dogs. Sometimes I bring potato chips or a candy bar if I am not staying at the beach for long.  
A: Why do you like to prepare this kind of food?  
B: These types of food are simple to prepare and are very tasty.  
A: How do you prepare this kind of food?  
B: We usually make the sandwiches at home. We make the hamburgers and hot dogs on the barbecue at the beach. My mom is a chef, so she cooks excellent food.

Now practice these dialogs with a classmate.

## Step 4

Activity 4 (15 min.)

Unit 01

1 Choose one of the questions below. Prepare your answer to this question by writing notes below. Use the questions from Part 3 to help with your notes.

- When was the last time you went to the beach?
- When you go to the beach with your friends, what do you do there?
- When you go to the beach, what food do you usually prepare?

Question \_\_\_\_\_

My Notes \_\_\_\_\_

Now interview two classmates. They will interview you as well. First, ask which question they chose. Then make notes of each answer.

My Classmates

Name: _____	Name: _____
Question: _____	Question: _____

2 Tell your class about one of the classmates you interviewed.

Example:  
I talked to Alex. She told me about the last time she went to the beach. She said that she went to the beach last summer. She went there with her parents and her grandmother. Her father spent the day fishing while she looked for shells with her mother and grandmother.

Rate your own speaking

Information	OK	Good	Excellent
Fluency	OK	Good	Excellent
Pronunciation	OK	Good	Excellent

UNIT 01 A Day at the Beach 11

## Interviews

Ask each student to choose one of the three questions to answer. Give the students a few minutes to write notes related to how they would answer the question.

Next, assign each student in the class as either “A” or “B.” Have students work in A-B pairs. Have the “A” students interview “B” students. First, they should ask which question their classmate chose. “A” students may then refer back to Activity 3 to see possible questions to ask in the interview. Give students two or three minutes to collect information from their partner. Then have the “B” students interview “A” students in the same way.

When these interviews are completed, have all of the “A” students stand up and move to work with a new “B” classmate. Repeat the interview process for the new pairs.

## Note

Because this activity is an interview, students should not feel pressure to talk at length about their answers during the interviews. Giving one or two sentences as an answer is sufficient for this activity. The interviewer should then ask a follow-up question to get more information from the interviewee until the instructor stops the interview.

## Step 5

Activity 5 (10 min.)

## Reporting

Choose a number of students to report to the class the information they learned through one of their interviews. An example of how students can report information is provided with this activity in each unit.

As an alternative to asking only a few students to report for the class, instructors may divide the class into several groups. Then all members of each group should take turns reporting information they learned through one of their interviews. This way, all of the students in the class can participate in Activity 5.

Unit 01

1 Choose one of the questions below. Prepare your answer to this question by writing notes below. Use the questions from Part 3 to help with your notes.

- When was the last time you went to the beach?
- When you go to the beach with your friends, what do you do there?
- When you go to the beach, what food do you usually prepare?

Question \_\_\_\_\_

My Notes \_\_\_\_\_

Now interview two classmates. They will interview you as well. First, ask which question they chose. Then make notes of each answer.

My Classmates

Name: _____	Name: _____
Question: _____	Question: _____

2 Tell your class about one of the classmates you interviewed.

Example:  
I talked to Alex. She told me about the last time she went to the beach. She said that she went to the beach last summer. She went there with her parents and her grandmother. Her father spent the day fishing while she looked for shells with her mother and grandmother.

Rate your own speaking

Information	OK	Good	Excellent
Fluency	OK	Good	Excellent
Pronunciation	OK	Good	Excellent

UNIT 01 A Day at the Beach 11



## Step 6

## Activity 6 (5 min.)

### Matching and Modeling

Play the audio track for Activity 6, and have students match the given questions with one of the responses they hear. These questions and responses are meant to provide additional speaking topics and models of responses for students. While checking the answers for this activity, it may be helpful for students to read the responses shown in the transcript for the unit.

#### Note

For classes that need additional pronunciation practice, have students work in pairs reading aloud the sample responses shown in the transcript.

**1 Listen to each response and match it to the question it answers.**

a. Do you like to play beach volleyball?  
Are you good at it? Explain.

b. Why do you think people like to spend time at the beach? Explain.

c. Why is it important to have lifeguards at the beach?

Response #1  
Response #2  
Response #3

For more practice, look at the transcripts on p. xx and practice these responses with a classmate.

**2 Choose one of the questions below. Prepare your own response to this question by writing notes below. Be sure to fully explain your answer.**

a. Do you like to play beach volleyball?  
Are you good at it? Explain.

b. Why do you think people like to spend time at the beach? Explain.

c. Why is it important to have lifeguards at the beach?

Now share your response with a classmate.

**Rate your classmate's response:**

Information:	OK	Good	Excellent
Fluency:	OK	Good	Excellent
Pronunciation:	OK	Good	Excellent

**EXTRA PRACTICE**

Try answering one or more of these questions for extra practice. Use at least three sentences in your response to each question.

- Why is it important to apply sunscreen lotion when you are at the beach? What do you look for when you are buying sunscreen lotion?
- What games do you usually play at the beach?
- How do you find the most comfortable spot at the beach?
- Do you like it when people next to you listen to loud music at the beach?

## Step 7

## Activity 7 (10 min.)

### Pair Work

Have students work in pairs. One student in each pair will open his/her book. The other student will close his/her book and put it aside for the moment. The student with the open book will choose one of the questions listed in Activity 7 and write notes related to answering the question. The student who does not have a book will be the timer. The timer will look at the board while the instructor marks off increments of 10 seconds on the board. After one minute, the timer tells his/her classmate to stop making notes.

Now it is time for the student with the open book to start talking for two to three minutes (depending on the level of the class). The timer continues watching the board as the instructor marks off increments of time on the board. After the specified time, the timer tells his/her classmate to stop speaking.

The timer will now become the speaker, and the speaker will become the timer. Repeat the above process with the speaker first opening his/her book and making notes for one minute before speaking for two to three minutes.

**1 Listen to each response and match it to the question it answers.**

a. Do you like to play beach volleyball?  
Are you good at it? Explain.

b. Why do you think people like to spend time at the beach? Explain.

c. Why is it important to have lifeguards at the beach?

Response #1  
Response #2  
Response #3

For more practice, look at the transcripts on p. xx and practice these responses with a classmate.

**2 Choose one of the questions below. Prepare your own response to this question by writing notes below. Be sure to fully explain your answer.**

a. Do you like to play beach volleyball?  
Are you good at it? Explain.

b. Why do you think people like to spend time at the beach? Explain.

c. Why is it important to have lifeguards at the beach?

Now share your response with a classmate.

**Rate your classmate's response:**

Information:	OK	Good	Excellent
Fluency:	OK	Good	Excellent
Pronunciation:	OK	Good	Excellent

**EXTRA PRACTICE**

Try answering one or more of these questions for extra practice. Use at least three sentences in your response to each question.

- Why is it important to apply sunscreen lotion when you are at the beach? What do you look for when you are buying sunscreen lotion?
- What games do you usually play at the beach?
- How do you find the most comfortable spot at the beach?
- Do you like it when people next to you listen to loud music at the beach?

## Step 8

### Supplemental Activity (no time limit)

#### Extra Practice

The questions provided in the Extra Practice activity can be used in a variety of ways. Sometimes, instructors may wish to use these questions for full-class discussions of “hot” topics. Alternatively, the questions can be used for group work or pair work. The questions can also be assigned as journaling homework or speaking homework. As speaking homework, students can record their responses on a voice recorder or using a computer. These responses can be submitted to the instructor for a completion grade or for some other type of evaluation.

#### Note

For classes that need additional pronunciation practice, have students work in pairs reading aloud the sample responses shown in the transcript.

**1 Listen to each response and match it to the question it answers.** 10 **Task 3**

a. Do you like to play beach volleyball? Are you good at it? Explain.	•	Response #1
b. Why do you think people like to spend time at the beach? Explain.	•	Response #2
c. Why is it important to have lifeguards at the beach?	•	Response #3

**For more practice, look at the transcripts on p. 66 and practice these responses with a classmate.**

**2 Choose one of the questions below. Prepare your own response to this question by writing notes below. Be sure to fully explain your answer.**

a. Do you like to play beach volleyball? Are you good at it? Explain.	Question	My Notes
b. Why do you think people like to spend time at the beach? Explain.		
c. Why is it important to have lifeguards at the beach?		

**Now share your response with a classmate.**

**3 Rate your classmate's response:**

Information:	OK	Good	Excellent
Fluency:	OK	Good	Excellent
Pronunciation:	OK	Good	Excellent

**EXTRA PRACTICE**

Try answering one or more of these questions for extra practice. Use at least three sentences in your response to each question.

1. Why is it important to apply sunscreen lotion when you are at the beach? What do you look for when you are buying sunscreen lotion?
2. What games do you usually play at the beach?
3. How do you find the most comfortable spot at the beach?
4. Do you like it when people next to you listen to loud music at the beach?

12 UNIT 01 A Day at the Beach

# A Day at the Beach

1 Listen to the speakers. Write the questions that they answer.  Track 1

a. Speaker #1: \_\_\_\_\_ ?

b. Speaker #2: \_\_\_\_\_ ?

c. Speaker #3: \_\_\_\_\_ ?

2 Sort the words by writing them in the correct categories.

family	hot dog	player	neighbor	sandwich
volleyball	soccer	trip	swimming	snorkeling
baseball	candy bar	cousin	barbeque	hamburger
friend	potato chips	chef		

 **PEOPLE**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

 **ACTIVITIES**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

 **FOOD**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





3 Listen to each dialog and read along.  Track 2



## PEOPLE

**A: Where is the nearest beach to you?**

B: The nearest beach to my house is just a 30-minute drive away.

**A: What is the weather usually like there?**

B: The weather there is usually very nice.

**A: How would you describe it?**

B: It can be hot or cool, and there is often a light breeze, too.



## ACTIVITIES

**A: Why do people like to listen to music when they relax at the beach?**

B: It is very relaxing to listen to music. Music puts people in a good mood.

**A: Do you like to do that?**

B: I like to listen to music when I am lying on the sand.

**A: What do you usually use to do that?**

B: I usually bring my MP3 player with me. I have a lot of my favorite songs on it, so I just browse through them. Sometimes I make a special music play list for the day, which I listen to.



## FOOD



**A: When you go to the beach, what food do you usually prepare?**

B: I usually make sandwiches, hamburgers, or hot dogs. Sometimes I bring potato chips or a candy bar if I am not staying at the beach for long.

**A: Why do you like to prepare this kind of food?**

B: These types of food are simple to prepare and are very tasty.

**A: How do you prepare this kind of food?**

B: We usually make the sandwiches at home. We make the hamburgers and hot dogs on the barbeque at the beach. My mom is a chef, so she cooks excellent food.


Now practice these dialogs with a classmate.





4 Choose one of the questions below. Prepare your answer to this question by writing notes below. Use the questions from Part 3 to help with your notes.

- a. When was the last time you went to the beach?
- b. When you go to the beach with your friends, what do you do there?
- c. When you go to the beach, what food do you usually prepare?



Question: \_\_\_\_\_

My Notes

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Now interview two classmates. They will interview you as well. First, ask which question they chose. Then take notes on each answer.

**My Classmates**



Name: \_\_\_\_\_

Question: \_\_\_\_\_


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Name: \_\_\_\_\_

Question: \_\_\_\_\_

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5 Tell your class about one of the classmates you interviewed.

**Example:**

I talked to Alice. She told me about the last time she went to the beach. She said that she went to the beach last summer. She went there with her parents and her grandmother. Her father spent the day fishing while she looked for shells with her mother and grandmother.

**Rate your own speaking**

Information:	OK	Good	Excellent
Fluency:	OK	Good	Excellent
Pronunciation:	OK	Good	Excellent

6 Listen to each response and match it to the question it answers.  Track 3

a. Do you like to play beach volleyball?  
Are you good at it? Explain.

•

• Response #1

b. Why do you think people like to spend time at the beach? Explain.

•

• Response #2

c. Why is it important to have lifeguards at the beach?

•

• Response #3

For more practice, look at the transcripts on page 1 and practice these responses with a classmate.

7 Choose one of the questions below. Prepare your own response to this question by writing notes in the provided space. Be sure to explain your answer.

a. Do you like to play beach volleyball?  
Are you good at it? Explain.

b. Why do you think people like to spend time at the beach? Explain.

c. Why is it important to have lifeguards at the beach?



Now share your response with a classmate.



Rate your classmate's response:

Information:	OK	Good	Excellent
Fluency:	OK	Good	Excellent
Pronunciation:	OK	Good	Excellent

## EXTRA PRACTICE



Try answering one or more of these questions for extra practice. Use at least three sentences in your response to each question.

1. Why is it important to apply sunscreen lotion when you are at the beach?  
What do you look for when you are buying sunscreen lotions?
2. What games do you usually play at the beach?
3. How do you find the most comfortable spot at the beach?
4. Do you like it when people next to you listen to loud music at the beach?