

Unit 1

<Track 002>

A. Listen and check.

GIRL:

"Hi, I'm Holly. My family has a great routine. My mom wakes up at 6 o'clock. We wake up after her. Then my brother brushes his teeth at 7 o'clock. I wash my face at 7 o'clock. My dad gets dressed at 7 o'clock. Then we all meet in the kitchen. We eat breakfast at 8 o'clock."

<Track 003>

B. Listen and match.

1. BOY: We brush our teeth at nine o'clock.
2. BOY: I get dressed at 7 o'clock.
3. GIRL: I wake up at 6 o'clock.
4. GIRL: I put on my shoes at eight o'clock.
5. BOY: She eats breakfast at 10 o'clock.
6. BOY: I comb my hair at eleven o'clock.

<Track 004>

A. Listen and write.

WOMAN: "A Great Vacation!"

Everyone in the Wells family is busy. They work and study a lot. But they always have a lot of fun on vacation. Each day, they wake up at 7 o'clock. They wash and get dressed. Then they eat breakfast at 8 o'clock. At 10 o'clock, they go hiking. They love hiking!

After hiking, they are hungry and tired. They eat lunch at 12 o'clock. Then they get some rest. At 3 o'clock, they ride bikes. They love to ride bikes in the mountains.

At seven o'clock in the evening, they eat dinner. Then they go to sleep at 9 o'clock. They sleep in a tent on vacation. It's fun. They always feel sad when their vacation ends."

Unit 2

<Track 005>

C. Look, listen, and check.

1.

WOMAN: What can Willy do?

MAN: He can ride a bike.

2.

WOMAN: What can Michelle do?

MAN: She can swim.

3.

WOMAN: What can Allan do?

MAN: He can dance.

4.

WOMAN: What can Cam and Linda do?

MAN: They can play the guitar.

5.

WOMAN: What can Ramona do?

MAN: She can swim.

6.

WOMAN: What can Chang do?

MAN: She can speak Chinese.

<Track 006>

A. Listen and write the names.

BOY: Hi, I'm Fred. My friends and I can do many things. I can sing. Grant can ride a bike. Sabrina can dance. Leo can play soccer. Meg can draw. Kim can speak Chinese. But I can't speak Chinese!

<Track 007>

B. Listen again and repeat. Then write.

BOY: Hi, I'm Fred. My friends and I can do many things. I can sing. Grant can ride a bike. Sabrina can dance. Leo can play soccer. Meg can draw. Kim can speak Chinese. But I can't speak Chinese!

<Track 008>

C. Listen and number the pictures 1 to 4.

1. He can play the guitar
2. She can swim.
3. I can speak Chinese.
4. She can ride a bike.

<Track 009>

B. Listen and repeat. Check your answers to A.

1.

MAN: Can he climb a tree?

WOMAN: Yes, he can.

2.

MAN: Can they work with wood?

WOMAN: Yes, they can.

3.

MAN: Can they bake?

WOMAN: Yes, they can.

4.

MAN: Can he ski?

WOMAN: No, he can't.

5.

MAN: Can she surf?

WOMAN: Yes, she can.

6.

MAN: Can he skateboard?

WOMAN: Yes, he can.

7.

MAN: Can they drive a car?

WOMAN: No, they can't.

8.

MAN: Can she sew?

WOMAN: Yes, she can.

<Track 010>

A. Listen and write.

Amazing Cats!

Cats can do many things. They can climb trees.

They enjoy it a lot. They can sleep on trees.

Cats can jump well. They wait on trees for small animals to come. Then they jump on them. Now they can have a meal!

Can cats swim? Most cats don't like baths. Cats don't like water. But they can swim.

Can cats surf? Most cats can't surf. But a cat from Peru can surf. Its name is Nicolasa. This amazing cat enjoys surfing!

Unit 3

<Track 011>

C. Look, listen, and check.

1. He studied.

2. She listened to music.

3. He carried a backpack.

4. He waited.

5. She painted.

6. She finished a book.

7. She walked.

8. He played.

<Track 012>

A. Listen and write the names.

1.

WOMAN: What did Tara do?

MAN: She studied.

2.

WOMAN: What did Mark do?

MAN: He played.

3.

WOMAN: What did Pedro do?

MAN: He waited for the bus.

4.

WOMAN: What did Sabrina do?

MAN: She carried a backpack.

5.

WOMAN: What did Andrew do?

MAN: He listened to music.

6.

WOMAN: What did Drew do?

MAN: He painted.

<Track 013>

B. Listen and write.

WOMAN: Cody, how was school?

BOY: It was great! We played soccer today.

WOMAN: What did you study?

MAN: We studied geography. It was fun. Then we painted pictures."

WOMAN: What time did you finish school?

MAN: I finished school at 4 o'clock. Then I walked home."

WOMAN: Was that fun?

MAN: Yes. I carried my backpack, and listened to music on my way home. "

WOMAN: That sounds like a great day!

<Track 014>

A. Listen and repeat. Then check.

1.

MAN: Did she study in the classroom?

WOMAN: No, she didn't. She studied in the library.

2.

MAN: Did they walk in the hallway?

WOMAN: Yes, they did. They walked in the hallway.

3.

MAN: Did they play on the school bus?

WOMAN: No, they didn't. They played on the playground.

4.

MAN: Did he wait in the field?

WOMAN: Yes, he did. He waited in the field.

5.

MAN: Did they listen to music at home?

WOMAN: No, they didn't. They listened to music in the field.

<Track 015>

B. Listen again and write.

1.

MAN: Did she study in the classroom?

WOMAN: No, she didn't. She studied in the library.

2.

MAN: Did they walk in the hallway?

WOMAN: Yes, they did. They walked in the hallway.

3.

MAN: Did they play on the school bus?

WOMAN: No, they didn't. They played on the playground.

4.

MAN: Did he wait in the field?

WOMAN: Yes, he did. He waited in the field.

5.

MAN: Did they listen to music at home?

WOMAN: No, they didn't. They listened to music in the field.

<Track 016>

A. Listen and write.

GIRL: A Fun Day!

Hi, I'm Siri. I live in Thailand. My class had a very fun day today. First, we played in the classroom. We played with balloons. Next, we studied science. But we didn't study in the classroom. We studied around the field. We looked for insects. Then we had music class. We listened to music. Then we played the drums. We played the drums all together.

Unit 4

<Track 017>

A. Listen and circle.

GIRL: Hi, I'm Adina. I'm having a fun day at school. I'm practicing tennis right now. My friend, Nancy, is really good at tennis. She is helping me practice. Our teacher is standing next to us. My brother Ryan is showing his baseball glove to his friends. He loves baseball. His friend, Peter, is taking a picture of the baseball glove. It's a good school day!

<Track 018>

B. Listen and match.

MAN: The animals in my town are special. They can do many things. Greg and Gabe are practicing soccer.

Eddie is helping his friend carry his bags.

Dean is taking a picture.

Donald is looking for his other shoe.

Chris is packing his bag.

And Marty is hungry. He is standing, smelling for cheese.

<Track 019>

B. Listen and repeat. Then write.

1.

WOMAN: Is she cutting paper?

MAN: No, she isn't. She's gluing paper.

2.

WOMAN: Are they laughing?

MAN: Yes, they are.

3.

WOMAN: Is she giving him an apple?

MAN: No, she isn't. She's giving him an orange.

4.

WOMAN: Is he walking out?

MAN: No, he isn't. He's entering the classroom.

5.

WOMAN: Is he resting in bed?

MAN: No, he isn't. He's resting at his desk.

6.

WOMAN: Is he answering a question?

MAN: Yes, he is.

<Track 020>

B. Listen and repeat. Then circle.

1.

MAN: Are you giving a present?

WOMAN: Yes, we are.

2.

MAN: Are you teaching science?

WOMAN: Yes, I am.

3.

MAN: Is it standing at the door?

WOMAN: No, it isn't. It's resting on the sofa.

<Track 021>

A. Listen and write.

WOMAN:

Circus Animals

Some people go to a circus school. Some animals do, too.

Circus animals are very smart. People love to watch them. Look at these animals! They are practicing hard.

Monkeys can do many tricks. They can climb high and jump far. They can make funny faces. This monkey is riding a bike.

Tigers can do dangerous tricks. They can run and jump very fast. This tiger is jumping through fire!

Elephants can do amazing tricks. They can balance on a ball or dance. This elephant is standing on two legs!

Unit 5**<Track 022>**

A. Listen and match.

WOMAN: Hi, Terri. It's mom. Can you stop at the store? We don't have any oil. We also don't have any onions. We have some salt, so don't get that. We have some butter, too. But we don't have any chicken or eggs. Please get those. Thank you!

<Track 023>

B. Listen again and write.

WOMAN: Hi, Terri. It's mom. Can you stop at the store? We don't have any oil. We also don't have any onions. We have some salt, so don't get that. We have some butter, too. But we don't have any chicken or eggs. Please get those. Thank you!

<Track 024>

C. Listen and circle.

1. I don't have any chicken.
2. He has some salt.
3. She doesn't have any eggs.
4. I have some onions.

<Track 025>

B. Listen and repeat. Then write.

1.

WOMAN: Is there any peanut butter?

MAN: No, there isn't any peanut butter.

2.

WOMAN: Are there any lemons?

MAN: Yes, there are some lemons.

3.

WOMAN: Are there any eggs?

MAN: Yes, there are some eggs.

<Track 026>

A. Listen and circle.

MAN:

The Amazing Coconut

Coconut is an amazing food. It has many vitamins in it.

Its tree also has many different uses.

Coconut meat has a lot of vitamin A and E.

It's good for the heart. People living on tropical islands eat a lot of coconuts. They have very healthy hearts. Also, coconut gives the brain energy.

Besides eating the meat, people use the leaves. They make baskets with them. They also put them on roofs.

Coconuts have a hard shell. This shell has hair on it. People make ropes and brushes from the hair. As you can see, the coconut is a very useful plant.

Unit 6

<Track 027>

D. Listen and correct the underlined words.

1. He made some snacks.
2. They blew up many balloons.
3. She ran around the garden.

4. They wore funny costumes.

5. He ate snacks.

<Track 028>

A. Listen and check.

BOY:

Hello! My name is Robbie. I had a great birthday party. I was excited. I drank soda. And I ate strawberry cake. My mother blew up balloons for the party. My friends sang "Happy Birthday" to me. My sister, Rosie, swam the whole time. She loves swimming. It was a good party.

<Track 029>

B. Listen again and write.

BOY:

Hello! My name is Robbie. I had a great birthday party. I was excited. I drank soda. And I ate strawberry cake. My mother blew up balloons for the party. My friends sang "Happy Birthday" to me. My sister, Rosie, swam the whole time. She loves swimming. It was a good party.

<Track 030>

C. Listen and check.

1. He blew up balloons.
2. They wore costumes.
3. He ate.
4. She swam.

<Track 031>

A. Listen and repeat. Then check.

1.

WOMAN: Did you dance?

BOY: No, I didn't.

2.

WOMAN: Did they talk to friends?

MAN: Yes, they did.

3.

WOMAN: Did he watch a movie?

BOY: Yes, he did.

4.

MAN: Did you listen to music?

GIRL: No, I didn't.

5.

MAN: Did you clean up?

GIRL: Yes, I did.

6.

MAN: Did she color pictures?

GIRL: Yes, she did.

<Track 032>

B. Listen and repeat. Then write.

1.

MAN: Did she dance?

WOMAN: Yes, she did.

2.

MAN: Did you watch a movie?

WOMAN: No, I didn't. I sang.

3.

MAN: Did he clean up?

WOMAN: No, he didn't. He played games.

<Track 033>

A. Listen and read.

WOMAN: The Quinceanera: [kinθea'nera]
/keen-see-nyair-ah/

This girl had a very special birthday party. She's from Mexico. She's 15 years old. The party is called the quinceanera. It means "party for a 15-year-old girl." The girl wore a beautiful long dress for this special day.

Her family and friends gave her money. They made special flower sugar cookies for the party. They ate a big meal. Everyone danced. Families want their daughters to have a special quinceanera. They want them to look like a princess. It is a happy day.

The quinceanera means a lot to many people. They believe it's a very important birthday. They want their daughters to have fun on this special day.

Unit 7

<Track 034>

A. Listen and write.

BOY 1: Hi! Are you a new student?

BOY 2: Yes, My name is Ben. I like playing sports.

BOY 1: Are you good at kicking the ball? Then you can join our soccer team.

BOY 2: Yes, I am. And I'm good at scoring a goal.

BOY 1: Are you good at shooting baskets? Then you can join our basketball team.

BOY 2: No, I'm not. But I'm good at doing push-ups. I'm very strong.

BOY 1: Then you can join our swimming team.

We need strong, fast swimmers.

BOY 2: That sounds great! Thanks!

<Track 035>

B. Listen again and check.

BOY 1: Hi! Are you a new student?

BOY 2: Yes, my name is Ben. I like sports.

BOY 1: Are you good at kicking a ball? Then you can join our soccer team.

BOY 2: Yes, I am. And I'm good at scoring a goal.

BOY 1: Are you good at shooting baskets? Then you can join our basketball team.

BOY 2: No, I'm not. But I'm good at doing push-ups. I'm very strong.

BOY 1: Then you can join our swimming team.

We need strong, fast swimmers.

BOY 2: That sounds great! Thanks!

<Track 036>

A. Listen and repeat. Then check.

1.

WOMAN: Is he good at throwing a ball?

MAN: Yes, he is. He can throw a ball far.

2.

WOMAN: Are you good at serving the ball?

Yes, I am. I can serve the ball high.

3.

WOMAN: Is he good at lifting weights?

No, he isn't. He can't lift weights high.

4.

WOMAN: Is he good at jumping rope?
Yes, he is. He can jump rope fast.

<Track 037>

A. Listen and circle.

MAN:

The Great Climbers

Mountain goats are very cool animals! They are great climbers.

They can climb very high.

These goats live in mountains. The mountains keep them safe. Big cats, like tigers, can't catch them. Mountain goats have good feet. They have pads and claws on their feet. This helps them move around on the rocks.

Mountain goats can walk very far. They sometimes come down from mountains. They are looking for food. They eat leaves and grass. Mountain goats are also very strong animals. They are good at fighting. They can run fast and hit each other with their horns.

Mountain goats are interesting animals. They are good at living high up on mountains. It looks dangerous up there, but they are safe from their enemies.

Unit 8

<Track 038>

A. Listen and write.

BOY: Hey, Becky. What are you doing?

GIRL: Hi, Todd. I'm meeting some friends to play games. Do you want to come?

BOY: Yes! I love playing games. Will there be cards?

GIRL: I think so. There will be a board game, too. Do you like playing board games?

BOY: Yes, I do. But I hate playing chess. I'm not good at it.

GIRL: That's OK. Do you like playing music? I'm bringing my guitar.

BOY: Great! I love playing music! Let's have fun!

<Track 039>

B. Listen again and check.

BOY: Hey, Becky. What are you doing?

GIRL: Hi, Todd. I'm meeting some friends to play games. Do you want to come?

BOY: Yes! I love playing games. Will there be cards?

GIRL:

BOY: Yes, I do. But I hate playing chess. I'm not good at it.

GIRL: That's OK. Do you like playing music? I'm bringing my guitar.

BOY: Great! I love music! Let's have fun!

<Track 040>

B. Listen and repeat. Then check.

1.

GIRL: Does she like ice skating?

BOY: Yes, she does.

2.

GIRL: Does he like mountain biking?

BOY: No, he doesn't. He likes snowboarding.

<Track 041>

A. Listen and write.

MAN:

X Games

Do you hear about Olympics? What about the X Games? The X Games are very popular. They started in 1995. They are for X-treme sports players. The players win medals, just like in the Olympics.

A popular X Games event is snowboarding. Players ride up the side of ice walls. And they do all kinds of exciting tricks.

Mountain biking is another popular X Games event. It can be very dangerous. Bikers fly high into the air. And they do tricks like spinning. Skateboarding is a favorite, too. Skateboarders ride through big skate parks. And they do amazing tricks with their skateboards. People love watching these exciting events.

<Track 042>

C. Listen, look, and check.

1. WOMAN: Drink soft drinks.
2. WOMAN: Take a shower.
3. WOMAN: Wake up early.
4. WOMAN: Get exercise.
5. WOMAN: Brush my teeth.
6. WOMAN: Stay up late.
7. WOMAN: Eat fast food.
8. WOMAN: Wash my face.

<Track 043>

A. Listen and check.

BOY:

Hi, I'm Bruno. I like to be healthy. I always wake up early. The cool morning air helps me start my day. I always take a shower in the morning. I feel clean after that. Then it's breakfast. I eat healthy food and drink juice. I never eat fast food and I never drink soft drinks. In the afternoon, I often get exercise. I like running and swimming. I get tired by ten o'clock, but I sometimes stay up late. It's not healthy, but I can't help it. I love watching TV at night.

<Track 044>

B. Listen again and write.

BOY:

Hi, I'm Bruno. I like to be healthy. I always wake up early. The cool morning air helps me start my day. I always take a shower in the morning. I feel clean after that. Then it's breakfast. I eat healthy food and drink juice. I never eat fast food and I never drink soft drinks. In the afternoon, I often get exercise. I like running and swimming. I get tired by ten o'clock, but I sometimes stay up late. It's not healthy, but I can't help it. I love watching at night.

<Track 045>

C. Listen and write.

1. BOY: She always brushes her teeth.
2. GIRL: He sometimes gets exercise.
3. GIRL: She never eats fast food.

<Track 046>

B. Listen and repeat. Then circle.

1.

BOY: I don't feel well.

GIRL: You should get some fresh air.

2.

WOMAN: I'm tired.

BOY: You should take a rest.

3.

WOMAN: I love cola.

BOY: You shouldn't drink soft drinks.

4.

WOMAN: I want to eat healthy.

BOY: You should eat fruit and vegetables.

<Track 047>

A. Listen and write.

MAN:

How to Do Well in School

These healthy habits can help you do well in school.

You should wake up early on school days. This will help you be fresh for school. Also, you shouldn't stay up late. It will make you tired the next day. Then you can't study well.

Eating healthy can also help you in school. You should eat a lot of fruit and vegetables. These foods can help your brain. They give you energy. You should get fresh air and exercise, too.

Spending time outside is good for you. It makes your body and brain stronger. Then you won't get tired easily. You will have more energy.

Stay healthy and study hard. Then you will do well in school.