

## Welcome Unit

<track 02> A Listen and write the names.

1. Hi, I'm Steven. I'm Dad. I work in an office.
2. That's Clare. She's Mom. She's a florist.
3. That's Alex. He's wearing a yellow and green shirt. He's eleven years old.
4. That's Brian. He's nine. He's a student.
5. And that is Emma. She's seven. She has long hair.

<track 03> B Listen and say.

1. It's six o'clock.
2. It's eleven o'clock.
3. It's two o'clock.
4. It's five o'clock.
5. It's one o'clock.
6. It's nine o'clock.

<track 04> C Look at B. Listen and write the letters.

- A. It's one o'clock.
- B. It's nine o'clock.
- C. It's two o'clock.
- D. It's eleven o'clock.
- E. It's six o'clock.
- F. It's five o'clock.

<track 05> E Listen, read, and say.

1. First
2. Second
3. Third
4. Fourth
5. Fifth

6. Sixth
7. Seventh
8. Eighth
9. Ninth
10. Tenth

<track 06> G Listen and say. Then match.

1. First
2. Eleventh
3. Twelfth
4. Twentieth
5. Twenty-first
6. Twenty-second
7. Twenty-third
8. Thirtieth
9. Thirty-first

<track 07> H Listen and circle the date.

1. I'm Alex. I'm eleven. This year, my birthday is on Tuesday, March eighth.
2. I'm Brian. My birthday is in June. This year it is on a Friday. My birthday is Friday, June 3rd.
3. My name's Emma. My birthday is on Monday, November 21st this year.

## Unit 1 A Day in My Life

<track 08> A Listen and say.

1. wake up
2. make my bed
3. wash my face
4. brush my teeth
5. comb my hair
6. get dressed

7. eat breakfast

8. put on shoes

<track 09> B Look and listen.

Good morning.

We are getting ready for our day.

We all wake up at six o'clock.

Emma always makes her bed at six, too.

Brian washes his face, and I brush my teeth in the bathroom.

Mom combs her hair in the bathroom, too.

Next, we get dressed and put on our shoes.

We eat breakfast at seven o'clock, and then it's time to go to school.

<track 010> C Listen and write the letters on the picture.

A. brush my teeth

B. wash my face

C. comb my hair

D. wake up

E. get dressed

F. eat breakfast

G. make my bed

H. put on shoes

<track 011> D Sing a song. Turn to page 112.

What time do you wake up?

What time do you wake up?

I wake up at six o'clock.

Six o'clock, six o'clock.

I wake up at six o'clock.

What time do you make your bed?

What time do you make your bed?

I make my bed at six o'clock.

Six o'clock, six o'clock.

I make my bed at six o'clock.

What time do you wash your face?

What time do you wash your face?

I wash my face at seven o'clock.

Seven o'clock, seven o'clock.

I wash my face at seven o'clock.

What time do you brush your teeth?

What time do you brush your teeth?

I brush my teeth at seven o'clock.

Seven o'clock, seven o'clock.

I brush my teeth at seven o'clock.

What time do you comb your hair?

What time do you comb your hair?

I comb my hair at seven o'clock.

Seven o'clock, seven o'clock.

I comb my hair at seven o'clock.

<track 012> A Listen and sing. Then match the activities to the times.

What time do you wake up?

What time do you wake up?

I wake up at six o'clock.

Six o'clock, six o'clock.

I wake up at six o'clock.

What time do you make your bed?

What time do you make your bed?

I make my bed at six o'clock.

Six o'clock, six o'clock.

I make my bed at six o'clock.

What time do you wash your face?

What time do you wash your face?

I wash my face at seven o'clock.

Seven o'clock, seven o'clock.

I wash my face at seven o'clock.

What time do you brush your teeth?

What time do you brush your teeth?

I brush my teeth at seven o'clock.

Seven o'clock, seven o'clock.

I brush my teeth at seven o'clock.  
What time do you comb your hair?  
What time do you comb your hair?  
I comb my hair at seven o'clock.  
Seven o'clock, seven o'clock.  
I comb my hair at seven o'clock.

<track 013> A Listen and repeat.

Emma: Mom! Mom!  
Clare: Yes?  
Emma: What time is it?  
Clare: It's five o'clock. Why?  
Emma: What time are we meeting Aunt Liz to go shopping?  
Clare: It's six o'clock Emma. We have lots of time.  
Emma: But look. It's six o'clock.  
Clare: Six o'clock! Hurry!  
Clare: Put on your shoes.

<track 014> A Listen and say.

1. go home
2. eat a snack
3. do homework
4. go shopping
5. practice the piano
6. take a bath
7. change into pajamas
8. go to sleep

<track 015> B Listen and write the letters.

- A. eat a snack
- B. do homework
- C. change into pajamas
- D. take a bath
- E. go shopping
- F. go to sleep

- G. go home
- H. practice the piano

<track 016> C Listen. Then look at the pictures.  
Ask and answer.  
Emma: What time is it?

<track 017> D Chant. Turn to page 112.

What time is it?  
What time is it?  
It's six o'clock.  
It's six o'clock.  
It's time to wake up.  
What time is it?  
What time is it?  
It's seven o'clock.  
It's seven o'clock.  
It's time to eat breakfast.  
What time is it?  
What time is it?  
It's three o'clock.  
It's three o'clock.  
It's time to go home.  
What time is it?  
What time is it?  
It's four o'clock.  
It's four o'clock.  
It's time to do homework.  
What time is it?  
What time is it?  
It's eight o'clock.  
It's eight o'clock.  
It's time to go to sleep.

<track 018> A Listen and read.

Diego's Day  
My name is Diego.

I am from Salvador, Brazil.  
This is my day.  
I start school at seven o'clock.  
I have Portuguese, English, and gym today.  
Gym is my favorite class.  
I play soccer.  
I finish school at twelve o'clock.  
Then I eat lunch at home.  
We eat rice and beans a lot.  
I do homework with my friends after lunch.  
We finish at about three o'clock.

Then it's time to play.  
We often go to the beach to swim.  
We go home before dinner time.  
My family eats dinner at seven o'clock.  
Now it's ten o'clock.  
It's time to go to sleep.

<track 019> C Listen and write. Then answer the questions.

1. He starts school at seven o'clock.
2. He finishes school at two o'clock.
3. He finishes homework at three o'clock.
4. He goes to sleep at ten o'clock.

## Unit 2 Just for Fun

<track 020> A Listen and say.

1. ride a bike
2. paint
3. sing
4. dance
5. draw
6. speak Chinese
7. swim
8. play the guitar

<track 021> B Look and listen.

Hello. This is our park. Isn't it beautiful?  
Brian is swimming in the river.  
He can swim very fast.  
Emma likes to paint.  
My brother William can't paint, but he can draw.  
He likes to draw the mountains.  
Alex and Liz are over there making music.  
Alex can play guitar.  
Liz can sing.  
And Chloe is dancing with them.  
Steven is talking to his friend.  
He is learning Chinese.  
He can speak a little.  
I'm riding my bike.  
I can ride for a long time.  
What can you do?

<track 022> C Listen and write the letters on the picture.

- A. dance
- B. sing
- C. speak Chinese
- D. ride a bike
- E. play the guitar
- F. swim
- G. draw
- H. paint

<track 023> D Sing a song. Turn to page 113.

What are you good at? What can you do?  
Brian can ride a bike. Can you do it, too?  
Yes, yes, yes, I can. I can ride a bike.  
Yes, yes, yes, I can. I can ride a bike.  
What else can you do?  
What are you good at? What can you do?  
Emma can draw a dog. Can you do it, too?

No, no, no, I can't. I can't draw a dog.  
 No, no, no, I can't. I can't draw a dog.  
 What else can you do?  
 What are you good at? What can you do?  
 Liz can play the guitar. Can you do it, too?  
 Yes, yes, yes, I can. I can play the guitar.  
 Yes, yes, yes, I can. I can play the guitar.  
 What else can you do?  
 What are you good at? What can you do?  
 Chloe can sing a song. Can you do it, too?  
 No, no, no, I can't. I can't sing a song.  
 No, no, no, I can't. I can't sing a song.  
 What else can you do?  
 What are you good at? What can you do?  
 Alex can paint a flower. Can you do it, too?  
 Yes, yes, yes, I can. I can paint a flower.  
 Yes, yes, yes, I can. I can paint a flower.  
 What else can you do?

<track 024> A Listen and sing. Then circle can or can't and write.

What are you good at? What can you do?  
 Brian can ride a bike. Can you do it, too?  
 Yes, yes, yes, I can. I can ride a bike.  
 Yes, yes, yes, I can. I can ride a bike.  
 What else can you do?  
 What are you good at? What can you do?  
 Emma can draw a dog. Can you do it, too?  
 No, no, no, I can't. I can't draw a dog.  
 No, no, no, I can't. I can't draw a dog.  
 What else can you do?  
 What are you good at? What can you do?  
 Liz can play the guitar. Can you do it, too?  
 Yes, yes, yes, I can. I can play the guitar.  
 Yes, yes, yes, I can. I can play the guitar.  
 What else can you do?  
 What are you good at? What can you do?

Chloe can sing a song. Can you do it, too?  
 No, no, no, I can't. I can't sing a song.  
 No, no, no, I can't. I can't sing a song.  
 What else can you do?  
 What are you good at? What can you do?  
 Alex can paint a flower. Can you do it, too?  
 Yes, yes, yes, I can. I can paint a flower.  
 Yes, yes, yes, I can. I can paint a flower.  
 What else can you do?

<track 025> A Listen and repeat.

Alex: It's Mom's birthday. Let's make her a cake.  
 Brian: OK. Can you bake a cake?  
 Alex: No, I can't.  
 Emma: I can bake a cake.  
 Brian: You're too little.  
 Alex: Let's draw a picture for Mom.  
 Clare: Hi, guys!  
 Emma: Happy birthday, Mom!

<track 026> A Listen and say.

1. skateboard
2. work with wood
3. drive a car
4. surf
5. sew
6. bake
7. ski
8. climb a tree

<track 028> B Listen and write the letters.

Emma: Can he sew?  
 Clare: Yes, he can.  
 Clare: No, he can't.  
 Emma: Can she sew?  
 Clare: Yes, she can.

Clare: No, she can't

<track 029> D Chant. Turn to page 113.

Can you skateboard?

Yes, I can.

Can you skateboard?

Yes, I can.

Can you skateboard?

Yes, I can.

Let's go do it now. Let's go do it now.

Can you drive a car?

No, I can't.

Can you drive a car?

No, I can't.

Can you drive a car?

No, I can't.

You can teach me how. You can teach me how.

Can you bake some cookies?

Yes, I can.

Can you bake some cookies?

Yes, I can.

Can you bake some cookies?

Yes, I can.

Let's go do it now. Let's go do it now.

Can you sew a button?

No, I can't.

Can you sew a button?

No, I can't.

Can you sew a button?

No, I can't.

You can teach me how. You can teach me how.

<track 030> A Listen and read.

Snakes up High

Most snakes live on the ground.

They move on their stomachs.

Some snakes can swim, and some snakes can fly, but many snakes can climb trees.

Snakes use two things to climb trees.

They use their bodies.

They push hard against the tree.

It is very difficult for them to do, and they take a long time.

They are not very fast climbers.

Snakes also use their scales.

Scales are small, hard pieces on a snake's skin.

Some snake scales are smooth and flat.

Other snake scales are not smooth.

They are rough.

Scales that are rough can stick to tree bark, so the snake can hold on better.

Snakes only climb trees to eat eggs or small animals.

<track 031> C Listen and write. Then answer the questions.

1. Snakes can climb trees fast.
2. All snakes have smooth skin.
3. Some snakes like to eat eggs.
4. Some snakes can swim? That's scary.

<track 032> A Listen and say.

1. play
2. study
3. paint
4. walk
5. listen to music
6. carry a backpack
7. wait
8. finish a book

<track 033> B Look and listen.

Hi. Welcome to my classroom.

What did everyone do today?

Sarah studied.

Melissa finished a book.

Karl painted a picture.

He's a great painter.

Bryan and Max played.

My teacher was not happy.

He waited for Mel and Danny.

Mel was late.

She carried her backpack into class.

Danny was also late.

He listened to music and walked to class.

He is always late!

<track 034> C Listen and write the letters on the picture.

A. play

B. paint

C. wait

D. carry a backpack

E. walk

F. study

G. finish a book

H. listen to music

<track 035> D Sing a song. Turn to page 114.

What did you do at school?

What did you do?

What did you do at school?

I studied, I studied, I studied at school.

What did you do at school?

What did you do?

What did you do at school?

I painted, I painted, I painted at school.

What did you do at school?

What did you do?

What did you do at school?

I listened to music, I listened to music at school.

What did you do at school?

What did you do?

What did you do at school?

I carried a backpack, I carried a backpack at school.

What did you do at school?

What did you do?

What did you do at school?

I finished my book, I finished my book at school.

<track 036> A Listen and sing. Circle the activities you hear. Then write.

What did you do at school?

What did you do?

What did you do at school?

I studied, I studied, I studied at school.

What did you do at school?

What did you do?

What did you do at school?

I painted, I painted, I painted at school.

What did you do at school?

What did you do?

What did you do at school?

I listened to music, I listened to music at school.

What did you do at school?

What did you do?

What did you do at school?

I carried a backpack, I carried a backpack at school.

What did you do at school?

What did you do?

What did you do at school?

I finished my book, I finished my book  
at school.

<track 037> A Listen and repeat.

Brian: I'm home.

Clare: What did you do at school today?

Brian: ... uh ... I studied in the library.

Clare: What did you do after school?

Brian: I finished my homework.

Clare: Did you do it in the field?

You have grass in your hair.

Brian: Um, no, I didn't. I ...

Clare: What's that Brian?

Brian: Ok ... I played soccer with my friends.

<track 038> A Listen and say.

1. playground
2. school bus
3. gym
4. classroom
5. field
6. bus stop
7. hallway
8. library

<track 039> B Listen and write the letters.

- A. field
- B. bus stop
- C. classroom
- D. school bus
- E. hallway
- F. library
- G. playground
- H. gym

<track 040> C Listen. Then look at the pictures.

Ask and answer.

Clare: Did you play in the gym?

Brian: No I didn't. I played on the playground.

Clare: Did you study in the library?

Brian: Yes, I did. I studied in the library.

<track 041> D Chant. Turn to page 114.

Did you play on the playground?

Yes, I did.

I played on the playground.

I played on the playground.

Did you wait at the library?

No, I didn't.

I waited at the bus stop.

I waited at the bus stop.

Did you walk on the field?

Yes, I did.

I walked on the field.

I walked on the field.

Did you play on the school bus?

No, I didn't.

I played in the gym.

I played in the gym.

Did you listen to music on the school bus?

Yes, I did.

I listened to music on the school bus.

I listened to music on the school bus.

<track 042> A Listen and read.

A Winter Day in Sweden

Hello. I am Malin.

I live in Sweden.

It's winter here.

We get only five hours of sunlight each day.

It's also very cold.



In school today, I had English, gym, and computer class.

My favorite class is gym.

It snowed last night.

So we couldn't play in the field.

We stayed in the gym.

School ended at two o'clock.

I walked to the bus stop and waited for the school bus.

I listened to music at the bus stop.

At home, I painted our house with Mom.

Then I helped Mom in the kitchen.

We cooked dinner.

It was a delicious dinner.

<track 043> C Listen and write. Then answer the questions.

1. Malin played in the gym.
2. She walked to the library.
3. She listened to music at home.
4. She painted the house with her mom.

## Review 1

<track 044> B Listen. Then circle.

Girl: What time is it?

Boy: It's 5 o'clock.

Girl: It's time to play the guitar!

Boy: Can you play the guitar?

Girl: Yes, I can, but I can't sing!

Boy: Do you play the guitar at five o'clock every day?

Girl: Yes! Then I listen to music with my sister.

Boy: Can she play the guitar, too?

Girl: No she can't, but she can sing.

Boy: Did you play your guitar yesterday?

Girl: No, I didn't. I painted and then I studied.

## Unit 4 What Are They Doing?

<track 045> A Listen and say.

1. show
2. help
3. practice
4. pack
5. look for
6. take a picture
7. stand
8. close

<track 046> B Look and listen.

Hello Tom. Welcome to our class.

These are your classmates.

This is Emma. She is taking a picture.

That is Bing. He is packing his backpack.

Dan is practicing his flute.

And Anne is looking for her pencil case.

Lucy is helping Anne. Thanks for helping Lucy!

Jasmine is standing next to the shelves.

And Kyle is over there. He is closing the door.

Of course, I am showing you our classroom.

<track 047> C Listen and write the letters on the picture.

- A. show
- B. pack
- C. take a picture
- D. look for
- E. help
- F. stand
- G. close
- H. practice

<track 048> D Sing a song. Turn to page 115.

Sean is taking pictures.

Sean is taking pictures.

His camera is up. The flash goes off.

Sean is taking pictures.

Sam is standing in line.

Sam is standing in line.

He's very bored. The line is long.

Sam is standing in line.

Lucy's packing her backpack.

Lucy's packing her backpack.

It's full of stuff. No more will fit.

Lucy's packing her backpack.

Dan is helping his friend.

Dan is helping his friend.

His friend fell down, but Dan's around.

Dan is helping his friend.

<track 049> A Listen and sing. Then write and match.

Sean is taking pictures.

Sean is taking pictures.

His camera is up. The flash goes off.

Sean is taking pictures.

Sam is standing in line.

Sam is standing in line.

He's very bored. The line is long.

Sam is standing in line.

Lucy's packing her backpack.

Lucy's packing her backpack.

It's full of stuff. No more will fit.

Lucy's packing her backpack.

Dan is helping his friend.

Dan is helping his friend.

His friend fell down, but Dan's around.

Dan is helping his friend.

<track 050> A Listen and repeat.

Emma: Brian, help me. I can't close my suitcase.

Brian: Hold on. I'm looking for my camera.

Emma: OK. Are you taking pictures?

Brian: Yes, I am. You look funny.

Here. I'm sitting on it. Now you can close it.

Emma: OK ... Thanks a lot, Brian.

<track 051> A Listen and say.

1. laugh

2. answer

3. give

4. enter

5. glue

6. cut

7. teach

8. rest

<track 052> B Listen and write the letters.

A. enter

B. give

C. cut

D. laugh

E. rest

F. glue

G. teach

H. answer

<track 053> C Listen. Then look at the pictures.

Ask and answer.

Alex: Are they laughing?

Emma: Yes, they are laughing.

Alex: Is he cutting paper?

Emma: No, he isn't. He's answering a question.

<track 054> D Chant. Turn to page 115.

Is he laughing?

Is he laughing?  
Yes, he is. Yes, he is.  
He is laughing at a joke.  
Are they resting?  
Are they resting?  
No, they aren't. No, they aren't.  
They are playing a game.  
Is she cutting?  
Is she cutting?  
Yes, she is. Yes, she is.  
She's cutting a paper heart.  
Is he teaching?  
Is he teaching?  
No, he isn't. No, he isn't.  
He's practicing the drums.

<track 055> A Listen and read.

Circus School  
My name is Luke.  
I go to a special school in the summer vacation.  
I am learning how to be a circus performer.  
Look, here I'm a clown.  
This is my teacher.  
He is juggling.  
It's hard to do.  
It takes a lot of practice!  
Here I am trying to balance.  
I am practicing to walk on a tightrope.  
I do this for two hours each day.  
This is my favorite activity.  
I am hanging on the rings.  
It is a lot of work, but it is also a lot of fun!

<track 056> C Listen and write. Then answer the questions.

1. Luke is walking on the tightrope.
2. Luke's teacher can juggle.

3. Luke practices on a tightrope for four hours each day.
4. Luke is hanging on the rings.

## Unit 5 In the Kitchen

<track 057> A Listen and say.

1. onions
2. eggs
3. chicken
4. omelette
5. salt
6. pepper
7. butter
8. oil

<track 058> B Look and listen.

Hi! We're making lunch together!  
Dad is cooking chicken breasts on the stove.  
He cooks them in oil, and they taste so good!  
Alex is chopping onions for the chicken.  
Mom is making us omelettes.  
She is cooking them in butter.  
Brian is breaking more eggs for the omelettes.  
And I'm adding salt and pepper.  
Want to come over and eat?

<track 59> C Listen and write the letters on the picture.

- A. chicken
- B. butter
- C. onions
- D. pepper
- E. omelette
- F. oil
- G. eggs
- H. salt

<track 060> D Sing a song. Turn to page 116.

Do we have any eggs?

Do we have any eggs?

Yes, we have some eggs.

Yes, we have some eggs.

In the fridge, in the fridge, in the fridge.

Do we have any chicken?

Do we have any chicken?

No, we don't have any chicken.

No, we don't have any chicken.

In the house, in the house, in the house.

Do we have any butter?

Do we have any butter?

Yes, we have some butter.

Yes, we have some butter.

In the fridge, in the fridge, in the fridge.

Do we have any salt?

Do we have any salt?

No, we don't have any salt.

No, we don't have any salt.

On the table, on the table, on the table.

Do we have any onions?

Do we have any onions?

Yes, we have some onions.

Yes, we have some onions.

In the drawer, in the drawer, in the drawer.

<track 061> A Listen and sing. Then circle and write some or any.

Do we have any eggs?

Do we have any eggs?

Yes, we have some eggs.

Yes, we have some eggs.

In the fridge, in the fridge, in the fridge.

Do we have any chicken?

Do we have any chicken?

No, we don't have any chicken.

No, we don't have any chicken.

In the house, in the house, in the house.

Do we have any butter?

Do we have any butter?

Yes, we have some butter.

Yes, we have some butter.

In the fridge, in the fridge, in the fridge.

Do we have any salt?

Do we have any salt?

No, we don't have any salt.

No, we don't have any salt.

On the table, on the table, on the table.

Do we have any onions?

Do we have any onions?

Yes, we have some onions.

Yes, we have some onions.

In the drawer, in the drawer, in the drawer.

<track 062> A Listen and repeat.

Emma: Mom, is there any jam in the fridge?

Clare: No, there isn't.

Emma: Mom, do we have any strawberries?

Clare: Yes, we do. They are in the fridge.

Clare: What's going on?

Emma: I'm making strawberry jam.

<track 063> A Listen and say.

1. muffin

2. lemon

3. hamburger

4. strawberry

5. toast

6. water

7. peanut butter

8. jam

<track 064> B Listen and write the letters.

- A. lemon
- B. muffin
- C. water
- D. peanut butter
- E. toast
- F. hamburger
- G. jam
- H. strawberry

<track 065> C Listen. Then look at the pictures.

Ask and answer.

Emma: Is there any water?

Steven: Yes, there is some water. / No, there isn't any water.

Emma: Are there any lemons?

Steven: Yes, there are some lemons. / No, there aren't any lemons.

<track 066> D Chant. Turn to page 116.

Is there any water?

Is there any water?

Yes, there is some water.

Here you go. Here you go.

Are there any lemons?

Are there any lemons?

Yes, there are some lemons.

Here you go. Here you go.

Is there any jam?

Is there any jam?

Yes, there is some jam.

Here you go. Here you go.

Are there any muffins?

Are there any muffins?

Yes, there are some muffins.

Here you go. Here you go.

<track 067> A Listen and read.

Eat your Vitamins

Some foods are healthy for you.

They have vitamins in them.

Vitamins help you grow and be strong.

Vitamin A is good for your eyes and skin.

It is in many foods, like eggs and milk.

It is also in a lot of yellow or orange vegetables.

There is a lot of vitamin A in carrots and yams.

Vitamin B gives you energy.

Meat and cheese have a lot of vitamin B.

But they can have a lot of fat, too.

A lot of fat is not healthy.

Fish and chicken also have vitamin B.

There is not a lot of fat in fish and chicken.

Vitamin C repairs your body.

Many fruits and vegetables have a lot of vitamin C.

For example, there is a lot of vitamin C in oranges, strawberries, and broccoli.

You need vitamin C every day.

Vitamin D is good for your bones and teeth.

The sun helps your body make vitamin D.

Milk and fish also have lots of vitamin D.

Eat healthy food every day.

You will feel great.

<track 068> C Listen and write. Then answer the questions.

1. Carrots and yams don't have a lot of vitamins.
2. Vitamin B gives you lots of energy.
3. The sun helps your body make vitamin D.
4. Vitamin A is good for your ears and skin.

## Unit 6 Let's Party!

<track 069> A Listen and say.

1. run around
2. make snacks
3. swim
4. eat
5. drink
6. blow up balloons
7. wear costumes
8. sing

<track 070> B Look and listen.

Wow! Happy birthday to me!

I had my birthday party today.

It was a lot of fun.

There were lots of things to do.

My dad blew up balloons.

Chloe and Emma wore costumes.

They also ran around.

Alex swam in the pool.

My grandparents drank lemonade.

And I ate cake.

I ate a lot of cake.

It was a great day.

<track 071> C Listen and write the letters on the picture.

- A. blow up balloons
- B. wear costumes
- C. eat
- D. run around
- E. swim
- F. make snacks
- G. drink
- H. sing

<track 072> D Sing a song. Turn to page 117.

I went to a party. It was fun.

What did you do? What did you do?

I blew up balloons. I blew up balloons.

I blew up balloons at the party.

He went to a party. It was fun.

What did he do? What did he do?

He made snacks. He made snacks.

He made snacks at the party.

I went to a party. It was fun.

What did you do? What did you do?

I swam in the pool. I swam in the pool.

I swam at the party.

She went to a party. It was fun.

What did she do? What did she do?

She wore a costume. She wore a costume.

She wore a costume at the party.

They went to a party. It was fun.

What did they do? What did they do?

They ran around. They ran around.

They ran around at the party.

<track 073> A Listen and sing. Then circle and write.

I went to a party. It was fun.

What did you do? What did you do?

I blew up balloons. I blew up balloons.

I blew up balloons at the party.

He went to a party. It was fun.

What did he do? What did he do?

He made snacks. He made snacks.

He made snacks at the party.

I went to a party. It was fun.

What did you do? What did you do?

I swam in the pool. I swam in the pool.

I swam at the party.

She went to a party. It was fun.

What did she do? What did she do?

She wore a costume. She wore a costume.  
She wore a costume at the party.  
They went to a party. It was fun.  
What did they do? What did they do?  
They ran around. They ran around.  
They ran around at the party.

<track 074> A Listen and repeat.

Clare: What did you do?

Steven: I ... I ...

Clare: Did you swim?

Steven: No, I didn't.

Well, I danced ... And then I fell in the pool.

Emma: Wow, Dad, you're a crazy dancer!

Brian: This is the BEST birthday party!

<track 075> A Listen and say.

1. dance
2. listen to music
3. play games
4. watch a movie
5. open presents
6. color pictures
7. talk to friends
8. clean up

<track 076> B Listen and write the letters.

- A. watch a movie
- B. dance
- C. clean up
- D. play games
- E. talk to friends
- F. listen to music
- G. color pictures
- H. open presents

<track 077> C Listen. Then look at the pictures.

Ask and answer.

Steven: Did he dance?

Clare: Yes, he did.

Steven: Did she dance?

Clare: Yes, she did.

Steven: Did he dance?

Clare: No, he didn't. He played games.

Steven: Did she dance?

Clare: No, she didn't. She played games.

Steven: Did they dance?

Clare: Yes, they did. / No, they didn't. They played games.

<track 078> D Chant. Turn to page 117.

The party was great. The party was great.

Did you dance? Did you dance?

Yes, I did. Yes, I did.

I danced at the party.

The party was great. The party was great.

Did he listen to music? Did he listen to music?

No, he didn't. No, he didn't.

He watched a movie at the party.

The party was great. The party was great.

Did she play games? Did she play games?

Yes, she did. Yes, she did.

She played games at the party.

The party was great. The party was great.

Did they talk to friends? Did they talk to friends?

No, they didn't. No, they didn't.

They cleaned up at the party.

<track 079> A Listen and read.

Birthdays Around the World

Children around the world celebrate birthdays in many ways.

In Mexico, children hit pinatas on their birthdays.

Pinatas are made out of paper.

Some of them look like animals.

There is candy inside pinatas.

Children try to break them open.

When they open, candy falls out.

In Australia, children sometimes eat "fairy bread" on their birthdays.

It is a piece of bread with butter and sprinkles on top of it. Yum!

Children in Korea have a lot of parties.

Parents usually have a party when their baby is 100 days old.

Then they have another party when a baby turns one year old.

There is a lot of food!

Koreans eat seaweed soup on their birthdays.

<track 080> C Listen and write. Then answer the questions.

1. Birthday parties are the same everywhere.
2. There are lots of vegetables inside pinatas.
3. Children in Australia eat fairy bread on their birthdays.
4. Koreans have a party when a baby is 50 days old.

## Review 2

<track 081> B Listen. Then circle.

Girl: What are you doing?

Boy: I'm looking at pictures of the party.

Girl: Let's see! What are Pam and Suzie doing?

Boy: They're taking a picture of the food at the party!

Girl: mmmmm! It looks good! There's some chicken. Is Tom eating peanut butter?

Boy: Yes, he is. He ate all the peanut butter at the party!

Girl: Do you have any more pictures of the party?

Boy: No, I don't have any more!

Girl: What did you do at the party?

Boy: I blew up balloons!

Girl: Did you dance too?

Boy: No, I didn't. But I sang!

## Unit 7 I Love Sports!

<track 082> A Listen and say.

1. pass the ball
2. score a goal
3. jog
4. jump rope
5. shoot baskets
6. do push-ups
7. catch the ball
8. kick the ball

<track 083> B Look and listen.

Hi, everyone.

I'm at sports camp.

It's a lot of fun.

I'm on the soccer field practicing.

Darren passes the ball to me and I just scored a goal.

I'm good at scoring goals.

My friend, Jamal, is kicking the ball.

He's good at kicking the ball.

Steve is shooting baskets on the basketball court.



Rachel is helping him by catching the ball  
when it goes through the hoop.  
My friend, Rob, loves to jog.  
Can you see him jogging?  
What kind of exercise do you like to do?

<track 084> B Listen and write the letters on  
the picture.

- A. pass the ball
- B. shoot baskets
- C. jump rope
- D. catch the ball
- E. score a goal
- F. do push-ups
- G. jog
- H. kick the ball

<track 085> D Sing a song. Turn to page 118.

What are you good at?  
I am good at kicking balls.  
Kick, kick, kick.  
I am good at kicking balls.  
How about you?  
What is she good at?  
She is good at jogging fast.  
Jog, jog, jog.  
She is good at jogging fast  
How about you?  
What are they good at?  
They are good at shooting baskets.  
Shoot, shoot, shoot.  
They are good at shooting baskets.  
How about you?  
What is he good at?  
He is good at catching balls.  
Catch, catch, catch.  
He is good at catching balls.

How about you?  
What are you good at?  
We are good at jumping rope.  
Jump, jump, jump.  
We are good at jumping rope.  
How about you?

<track 086> A Listen and sing. Then write and  
match.

What are you good at?  
I am good at kicking balls.  
Kick, kick, kick.  
I am good at kicking balls.  
How about you?  
What is she good at?  
She is good at jogging fast.  
Jog, jog, jog.  
She is good at jogging fast  
How about you?  
What are they good at?  
They are good at shooting baskets.  
Shoot, shoot, shoot.  
They are good at shooting baskets.  
How about you?  
What is he good at?  
He is good at catching balls.  
Catch, catch, catch.  
He is good at catching balls.  
How about you?  
What are you good at?  
We are good at jumping rope.  
Jump, jump, jump.  
We are good at jumping rope.  
How about you?

<track 087> A Listen and repeat.

Brian: Alex, watch me. I can throw a ball far.

Alex: I'm busy. Can't you see I'm reading?

Brian: But I can throw it really far.

Alex: OK, show me.

Brian: See? I told you.

Alex: Peace and quiet at last.

<track 088> A Listen and say.

1. serve the ball
2. use a racket
3. throw a ball
4. lift weights
5. dive
6. high
7. far
8. fast

<track 089> B Listen and write the letters.

- A. fast
- B. serve the ball
- C. dive
- D. lift weights
- E. throw a ball
- F. far
- G. high
- H. use a racket

<track 090> C Listen. Then look at the pictures.

Ask and answer.

Emma: Is he good at throwing the ball?

Brian: Yes, he is. He can throw the ball far.

Emma: Is she good at throwing the ball?

Brian: Yes, she is. She can throw the ball far.

Emma: Is he good at throwing the ball?

Brian: No, he isn't. He can't throw the ball far.

Emma: Is she good at throwing the ball?

Brian: No, she isn't. She can't throw the ball far.

<track 091> D Chant. Turn to page 118.

I can serve the ball.

I can serve it far.

I can serve the ball.

Far, far, far.

I can lift weights.

I can lift them high.

I can lift weights.

High, high, high.

I can run a race.

I can run it fast.

I can run a race.

Fast, fast, fast.

I can throw the ball.

I can throw it far.

I can throw the ball.

Far, far, far.

<track 092> A Listen and read.

Fastest Animal on Land

Cheetahs are the fastest land animals in the world.

They can sprint very fast.

They can run up to 120 kilometers per hour.

That's as fast as a car can go on the highway!

However, they can only go fast for short distances.

They are not good at running long distances.

Cheetahs only run to catch other animals to eat.

So they only need to go fast for short distances.

How can cheetahs run so fast?

They are very flexible.

They can bend and stretch their backs very far and very quickly.

That means they can take very long steps.

Cheetahs are also very light.

That helps them go fast.

Other animals, like lions, are heavier and stronger.

But no animal on land is as fast!

<track 093> C Listen and write. Then answer the questions.

1. Cheetahs are the slowest animals in the world. I didn't know that.
2. Cheetahs can run long distances.
3. Cheetahs can bend their backs very far.
4. Cheetahs are stronger than lions.

## Unit 8 Likes and Dislikes

<track 094> A Listen and say.

1. cards
2. board game
3. music
4. chess
5. football
6. video game
7. ping pong
8. pool

<track 095> B Look and listen.

This is our local youth center.

There is so much to do here.

There are cards.

I love playing cards.

And there are board games, too.

I like board games.

There is a chess board, but I don't like playing chess.

You can play pool or ping pong.

I like ping pong.

There is also a video game in the corner.

I'm good at playing video games.

Those boys outside are playing football.

It looks fun.

I love playing football.

And look, there's a guitar.

Do you like playing music?

<track 096> C Listen and write the letters on the picture.

- A. cards
- B. chess
- C. ping pong
- D. pool
- E. music
- F. football
- G. video game
- H. board game

<track 097> D Sing a song. Turn to page 119.

Let's play board games.

Let's play board games.

They are so fun. They are so fun.

I love playing board games.

I love playing board games.

All the time. All the time.

Let's play ping pong.

Let's play ping pong.

It's so fun. It's so fun.

I don't like playing ping pong.

I don't like playing ping pong.

Not at all. Not at all.

Let's play football.

Let's play football.

It's so fun. It's so fun.

I hate playing football.

I hate playing football.

It's so dumb. It's so dumb.

<track 098> A Listen and sing. Then circle and write.

Let's play board games.

Let's play board games.

They are so fun. They are so fun.

I love playing board games.

I love playing board games.

All the time. All the time.

Let's play ping pong.

Let's play ping pong.

It's so fun. It's so fun.

I don't like playing ping pong.

I don't like playing ping pong.

Not at all. Not at all.

Let's play football.

Let's play football.

It's so fun. It's so fun.

I hate playing football.

I hate playing football.

It's so dumb. It's so dumb.

<track 099> A Listen and repeat.

Emma: Happy birthday, Chris. Do you like playing board games?

Chris: Yes, I do. But let's play games later.

Let's open the presents first.

Emma: Open mine, open mine.

Chris: A snowboard helmet! I love snowboarding.

Emma: Let's go snowboarding this winter. Alex, do you like snowboarding?

Alex: No, I don't. But I love skiing. Chris, do you like skiing?

Chris: I do. I love skiing and snowboarding.

Thank you so much! I can't wait to go skiing and snowboarding.

<track 100> A Listen and say.

1. mountain biking

2. hiking

3. climbing trees

4. surfing

5. skateboarding

6. skiing

7. ice skating

8. snowboarding

<track 101> B Listen and write the letters.

A. ice skating

B. surfing

C. climbing trees

D. mountain biking

E. skateboarding

F. hiking

G. skiing

H. snowboarding

<track 102> C Listen. Then look at the pictures.

Ask and answer.

Brian: Does he like hiking?

Alex: Yes, he does.

Brian: Does she like hiking?

Alex: Yes, she does.

Brian: Do they like snowboarding?

Alex: No, they don't. They like skiing.

<track 103> D Chant. Turn to page 119.

Do you like skiing?

Do you like skiing?

Yes, I do. Yes, I do.

Do you like surfing?

Do you like surfing?

No, I don't. No, I don't.

Do you like hiking?

Do you like hiking?

Yes, I do. Yes, I do.

Let's go skiing.

Let's go hiking.

Let's have fun. Let's have fun.

<track 104> A Listen and read.

Sports in the City

Do you know about extreme sports?

Some people think that they are more exciting than the usual sports. People can do them almost anywhere. Mountains are popular, but the city can be an exciting place to do these sports, too!

Some people love skateboarding.

Skateboarders can do tricks on railings.

Look at this man ride that rail!

Free-runners like to do tricks on rooftops.

They also jump from high places and even climb walls. Look how high this man is!

Both skateboarders and free-runners like concrete steps. They love jumping down them.

How many steps can you jump down?

<track 105> C Listen and write. Then answer the questions.

1. Cities can be boring places to do extreme sports.

2. Skateboarders do tricks on beaches.

3. Free-runners do tricks on rooftops.

4. Steps are fun to jump down.

## Unit 9. Health and Habits

<track 106> A Listen and say.

1. wash my face

2. brush my teeth

3. stay up late

4. get exercise

5. take a shower

6. eat fast food

7. drink soft drinks

8. wake up early

<track 107> B Look and listen.

Do you have healthy habits?

I try to have a good daily routine to stay healthy.

For example, I often wake up early to get ready for school.

I always take a shower in the morning.

I always wash my face and brush my teeth, too.

I never eat fast food for breakfast.

And I never drink soft drinks.

After school, I often get some exercise with my friends.

Sometimes I stay up late when I have a lot of homework to do.

Do you have any good habits?

<track 108> C Listen and write the letters on the picture.

A. stay up late

B. take a shower

C. wash my face

D. drink soft drinks

E. eat fast food

F. brush my teeth

G. get exercise

H. wake up early

<track 109> D Sing a song. Turn to page 120.

Do you wake up early?

How often do you do it?

Do you wake up early?  
 How often do you do it?  
 I always wake up early, wake up early, wake up early.  
 I always wake up early.  
 Does Steven stay up late?  
 How often does he do it?  
 Does Steven stay up late?  
 How often does he do it?  
 He sometimes stays up late, stays up late, stays up late.  
 He sometimes stays up late.  
 Does Alex get some exercise?  
 How often does he do it?  
 Does Alex get some exercise?  
 How often does he do it?  
 He sometimes gets some exercise, gets some exercise, gets some exercise.  
 He sometimes gets some exercise.  
 Does Emma eat fast food?  
 How often does she do it?  
 Does Emma eat fast food?  
 How often does she do it?  
 She never eats fast food, eats fast food, eats fast food.  
 She never eats fast food.  
 Does Clare brush her teeth?  
 How often does she do it?  
 Does Clare brush her teeth?  
 How often does she do it?  
 She always brushes her teeth, brushes her teeth, brushes her teeth.  
 She always brushes her teeth.

<track 110> A Listen and sing. Then circle, write, and match.

Do you wake up early?

How often do you do it?  
 Do you wake up early?  
 How often do you do it?  
 I always wake up early, wake up early, wake up early.  
 I always wake up early.  
 Does Steven stay up late?  
 How often does he do it?  
 Does Steven stay up late?  
 How often does he do it?  
 He sometimes stays up late, stays up late, stays up late.  
 He sometimes stays up late.  
 Does Alex get some exercise?  
 How often does he do it?  
 Does Alex get some exercise?  
 How often does he do it?  
 He sometimes gets some exercise, gets some exercise, gets some exercise.  
 He sometimes gets some exercise.  
 Does Emma eat fast food?  
 How often does she do it?  
 Does Emma eat fast food?  
 How often does she do it?  
 She never eats fast food, eats fast food, eats fast food.  
 She never eats fast food.  
 Does Clare brush her teeth?  
 How often does she do it?  
 Does Clare brush her teeth?  
 How often does she do it?  
 She always brushes her teeth, brushes her teeth, brushes her teeth.  
 She always brushes her teeth.

<track 111> A Listen and repeat.

Clare: Brian, you shouldn't stay inside and play video games all day.

Brian: OK, mom.

Clare: Are you still playing video games, Brian?

Brian: Uh... yeah.

Clare: Brian, you should get some fresh air. Go outside and play.

Brian: Alright, I'm going.

Clare: BRIAN!!!

<track 112> A Listen and say.

1. eat candy
2. drink water
3. get fresh air
4. wash your hands
5. take a rest
6. get a checkup
7. play video games
8. eat fruit and vegetables

<track 113> B Listen and write the letters.

- A. get fresh air
- B. take a rest
- C. wash your hands
- D. eat candy
- E. eat fruit and vegetables
- F. drink water
- G. play video games
- H. get a checkup

<track 114> C Listen. Then look at the pictures.

Talk with a partner.

Emma: I am unhealthy.

Steven: You should eat fruit and vegetables.

/ You shouldn't eat fast food.

<track 115> D Chant. Turn to page 120.

I want to be healthy.

What should I do?

I want to be healthy.

What should I do?

You should eat fruit and vegetables.

That's what to do.

You should eat fruit and vegetables.

That's what to do.

I'm feeling thirsty.

What should I do?

I'm feeling thirsty.

What should I do?

You should drink some water.

That's what to do.

You should drink some water.

That's what to do.

I'm feeling tired.

What should I do?

I'm feeling tired.

What should I do?

You should take a rest.

That's what to do.

You should take a rest.

That's what to do.

I want to be healthy.

What should I do?

I want to be healthy.

What should I do?

You should get a checkup.

That's what to do.

You should get a checkup.

That's what to do.

<track 116> A Listen and read.

Live Healthy

How can you live healthy and feel good? It's easy to do. Here are some simple things you can do every day.

First of all, you should always eat healthy foods like fruit and vegetables. Fruit and vegetables have vitamins. They keep your body healthy. You shouldn't eat too much fast food because it has a lot of fat in it.

Another way to be healthy is to get plenty of exercise. Go outside and play. Don't spend too much time on the computer or playing video games.

Finally, get enough sleep. You shouldn't stay up late. You need sleep in order to focus and to stay healthy. Sleep also helps you remember things.

If you follow these simple rules, you'll get sick less often. You'll have lots of energy. You'll feel healthy and be healthy.

<track 117> C Listen and write. Then answer the questions.

1. Fruit and vegetables have lots of vitamins in them.
2. You should go outside and play.
3. You should spend lots of time on the computer.
4. Fast food helps you remember things better.

### Review 3

<track 118> B Listen. Then circle.

Girl: Do you like playing games?

Boy: Yes, I do. Let's play pool!

Girl: No, thanks. I don't like playing pool.

Boy: Can you play basketball?

Girl: Yes, I can! I'm good at shooting baskets!

Boy: How often do you play?

Girl: I sometimes play basketball, and I always play football in the afternoon! I love playing football!

Boy: It's hot in the afternoon!

Girl: Yes, it is. You should drink lots of water and eat fruit.

Boy: I don't like drinking water but I love eating fruit!