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| **Unit 11 Food for Our Body** | | |
| Date: | Name: | Excellent / Good / Poor |

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| **Listening Practice 2** (p.45) |

**Listen to the dialog and fill in the blanks.** (*CD1 Track 43*)

1. Kelly eats \_\_\_\_\_\_ and chicken every day. She should eat less \_\_\_\_\_\_.

2. Mike eats \_\_\_\_\_\_ bars every day. He should eat less \_\_\_\_\_\_ \_\_\_\_\_\_.

3. Josh loves eating \_\_\_\_\_\_ and \_\_\_\_\_\_. He should eat more \_\_\_\_\_\_, meat and

dairy products.

4. David drinks \_\_\_\_\_\_ only once a week. He should try to drink more \_\_\_\_\_\_

products.

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| **Listening Practice 3** (p.46) |

**Listen to the dialog and fill in the blanks.** (*CD1 Track 44*)

On Monday, Kelly ate \_\_\_\_\_\_, fish and pumpkin soup. On Tuesday, she ate \_\_\_\_\_\_ with rice, \_\_\_\_\_\_ and a pear. On Wednesday, she ate \_\_\_\_\_\_ pasta, some corn and mushroom \_\_\_\_\_\_. On Thursday, she ate fried chicken, a cup of \_\_\_\_\_\_, and bananas. On Friday, she had a bacon \_\_\_\_\_\_, potato chips and \_\_\_\_\_\_.

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| **Listening Practice 4** (p.46) |

**Listen to the dialog and fill in the blanks.** (*CD1 Track 45*)

Jake: Are you \_\_\_\_\_\_ chocolate cake again, Matthew?

Matthew: It is \_\_\_\_\_\_! Do you want some?

Jake: Matthew! You should \_\_\_\_\_\_ eating \_\_\_\_\_\_ for today. You had three

pieces already. It’s not \_\_\_\_\_\_ for your body.

Matthew: You’re right. I should stop eating chocolate and move on to nuts.

Do you want some \_\_\_\_\_\_?

Jake: No thanks! I’ll just have my \_\_\_\_\_\_. You should try to eat \_\_\_\_\_\_ for

a snack. It’s \_\_\_\_\_\_ for your body.