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| **Unit 14 Healthy Habits** | | |
| Date: | Name: | Excellent / Good / Poor |

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| **Listening Practice 2** (p.61) |

**Listen to the dialog and fill in the blanks.** (*CD2 Track 7*)

1. Linda \_\_\_\_\_\_\_ to school to stay healthy.

2. Julie \_\_\_\_\_\_\_ for 8 hours a \_\_\_\_\_\_\_ to stay healthy.

3. Karen \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ sweet candies to stay healthy.

4. Rob \_\_\_\_\_\_\_ 6 glasses of \_\_\_\_\_\_\_ a day to stay healthy.

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| **Listening Practice 3** (p.62) |

**Listen to the dialog and fill in the blanks.** (*CD2 Track 8*)

Hi, I am Sarah. Let me tell you about some of the healthy \_\_\_\_\_\_\_ my little brother, John, and I do. I never forget to \_\_\_\_\_\_\_ my teeth after every meal and I spend a lot of time trying to \_\_\_\_\_\_\_ my room \_\_\_\_\_\_\_. On the other hand, my brother’s healthy habits are very simple. He always \_\_\_\_\_\_\_ himself \_\_\_\_\_\_\_ by laughing a lot and talking with his friends.

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| **Listening Practice 4** (p.62) |

**Listen to the dialog and fill in the blanks.** (*CD2 Track 9*)

Jake: Mom, I really want to become \_\_\_\_\_\_\_ than now, but I don’t know \_\_\_\_\_\_\_.

Mom: You need to get up \_\_\_\_\_\_\_ to go for a \_\_\_\_\_\_\_ every day and always eat

a \_\_\_\_\_\_\_ breakfast.

Jake: That’s hard. It is really hard to \_\_\_\_\_\_\_ up early in the morning.

Mom: I can \_\_\_\_\_\_\_ you if you like.

Jake: Okay, I will \_\_\_\_\_\_\_ tomorrow.