

Class: _____ Name: _____



Unit 10 Worries

* Listen and write.

A (TR 73)

- G** Hey, Dan! How are you?
- B1** I'm not _____ so good. I'm worried about the math test.
- B2** That's in two weeks. Why don't you start studying today?
- B1** I've studied for a whole week already. But I'm just _____ at math.
- G** Hmm, in that case, how about signing up for the school _____ program?
- B1** Is it helpful?
- G** I've used it since last year. It's very _____, especially with math.
- B1** Oh, I always thought you were good at math, Judy. Maybe I'll look into the _____.
- G** Sounds good.
- B1** What about you, Michael? What do you do when you need help with math?
- B2** I look _____ up on the internet. There are videos that teach you how to _____ difficult math problems. Maybe try that.
- B1** That sounds great too. Thanks for the advice, guys!

B (TR 74)

- M** Hey, Mary. What brings you here?
- G** Hello, Mr. Jones. Can I ask for some _____ on something?

- M** Sure. What is it?
- G** It's about giving _____. I get so nervous when I speak in front of the class. I have three presentations _____ this week, and I'm so worried.
- M** Don't worry, it's a common problem for many people.
- G** What should I do, Mr. Jones?
- M** It's all about _____ and practice. First, make sure you know your _____ very well. It helps if you write things out.
- G** Yes, I plan to do that.
- M** Then practice it over and over! _____ it in front of a mirror is a good idea.
- G** OK. I'll try that. Thank you, Mr. Jones.
- M** Good luck, Mary.

C (TR 75)

- W** Welcome to this group counseling session. Today, we'll share why we're here. Could you introduce yourselves and your biggest worries?
- B1** Hi, my name is Brad. My biggest worry is _____ at school.
- W** Could you explain more, Brad?
- B1** Well, I easily get into _____ with my classmates. So, I often end up being by myself.
- W** OK, what about you, Dear?
- G** My name is Jenny. I worry about my looks.
- W** But you look beautiful, Jenny.
- G** Thank you, but I'm getting _____ and they're really stressing me out.

W I see. Next, please?

B2 I'm Chris. I'm worried about my _____. I don't have anything I'm good at, or _____ in. I don't know what I'll do in the future.

W Thank you, all. Now, let's try to overcome these worries _____ our sessions.

D (TR 76)

W Welcome to our seminar on study _____. I'm sure many of you are here because you're worried about your _____ in school. Before we begin, did you know there are different learning _____ for each person? In fact, there are three different learning styles: visual, auditory, and interactive. Visual learners learn best when they see information. So they understand and remember information best by _____; through written words, pictures, or _____. Auditory learners learn best when they hear information. So, listening to lectures or having _____ are some good ways to learn. Interactive learners learn best by actively _____. For them, actually doing a science experiment is a better way to learn than reading a textbook. Now, I'll introduce you to some study tips for each learning style.